



Life Groups in Central Telford Parish
Autumn 2016 "Live Like You Mean It"
Week beginning 7th November 2016
Follow Your Vision

The Last Supper is an incredibly emotive moment. Jesus sharing what he knew would be the last meal with his friends and also instructing them in how we should remember his sacrifice. For Judas this was a pivotal moment. As he reached into the bowl to accept the hospitality Jesus was offering him and dipped his bread, he had a decision to make. Follow Your Vision is about making those Jesus choices for ourselves

- **Welcome**

What was the last big decision you had to make, or the BIGGEST decision you've ever had to make? How did you make it? What were the pros and cons? What was the outcome? Did you make the right decision?

- **Worship**

Follow Your Vision is about looking at the rule of Christ. What vision did he cast for his disciples and how did they follow him. Spend some time singing or listening to some music together. If silence is good for your group, then perhaps some silent listening time could be good.

Song suggestions to sing/listen to

- No longer a slave
- I'm accepted, I'm forgiven
- Lead us heavenly Father lead us

- **Word**

Read Mk14:18-26

In the story Judas' betrayal is coupled with an opportunity from Jesus to tell all as they dip bread in the stew together. But Judas is too far down the line, his pride so heightened that he cannot bring himself, amongst his friends to tell all. It costs all of them dearly.

It seems strange that Jesus gave Judas a way out, how else could God's plan have come about. But he did and Judas walked away to cash in.

- **What do you think the atmosphere was like in that room, what ideas do you think the different disciples had as to what was going on?**
- **What areas of your life are you clinging onto? Areas you know diminish you growing in Christ.**
- **Judas is not an easy character to align with, but when we turn away from God, deny him by a thought, action we walk out on God in a small way. What rhythms can we put into our patterns of life each week to help keep us focused on Christ?**

Read Mk14:32-42

The journey of Jesus in this passage is one of loneliness despite his friends. They couldn't beat the physical tiredness that tempted them, even though they would have been used to a nocturnal lifestyle as fishermen. Having a clear vision, goal to attain is a vital part of human existence.

- **What model of prayer can you discern from this experience for the disciples?**
- **Jesus valued those closest to him to support him, just like a lifegroup should be. Looking at what you have learnt about David, this story from Jesus' life and the characters we 'Encountered' before the summer, what attributes can you see that you would like to follow in the way the each engage with God?**

- **Walk**

Follow Your Vision - What is your vision for the week?

Already too busy? Not busy enough?

Set two challenges for yourself this week to focus on. If your group is close enough and you know one another speak into each others lives to support and advise each other what areas you could work on to be more of a human being, than a human doing.

Prayer

Take time to break bread together and dip into a bowl of wine as Jesus did with his disciples. As each person dips their bread, share your prayer needs and others can pray for you. Do it in turn until each person has received prayer.

- **Next Time ...**

Go Right Through The Pain Barrier

