



Groups in Central Telford Parish

**Summer 2016 "Live Like You Mean It" Week
beginning 16th October 2016**

Feed Your Soul

We continue our journey by Becoming God-Energised being fuelled by the one who made us. His limitless energy is freely available to sustain us in all we have to do.

- **Welcome**

What three things energise you?

- **Worship**

Read 1 Samuel 26-36. The leader may wish to use photos of people stepping out of their comfort zone (i.e. jumping off cliffs, eating new and different foods, helping others, sharing your faith.)

Read Psalm 37:1-13. Sing or listen to one or two of the following:

You are my Portion - Darrell Evans

Psalm 37 - Rachel Sauls (Youtube)

You Never let Go - Matt Redman

Forever - Chris Tomlin

Great is thy Faithfulness

- **Word**

Go round the group and enjoy hearing some of the stories ...

- ❖ Where is God in your routine?
- ❖ How do you find him there?
- ❖ What stops you from stepping out of your comfort zone?
- ❖ Why are you worried about the consequences?
- ❖ What are you desiring, if it is not God?

Luke 12:22-31 Do not worry

Jesus was baptised for your sin and died for your sin, to set you free, not bound by sin, but able to break it's chains. What does that mean to you?

- ❖ How does the knowledge that Jesus knows ALL about you make you feel?
- ❖ Is your routine so familiar that you are no longer allowing God to surprise you?
- ❖ When did you last step out of your comfort zone for God?

- **Walk**

Read Luke 12:22-31.

- ❖ Who are your companions on your faith journey? Who enables your walk and holds you accountable?
- ❖ Is there something you knew God to be saying to you that you ignored because it felt too hard to believe or achieve?
- ❖ Where have the words you use started to cut instead of heal?

- **Next Time ...**

Week beginning 23rd October:

1 Samuel 17:38-51 You are Invaluable

As we continue to look at what it means to live “Becoming God-Energised” we look at how David trusted in the Lord ...



